



LUNCH & LEARN

February 18, 2019
12:30 P.M - 1:30 P.M.

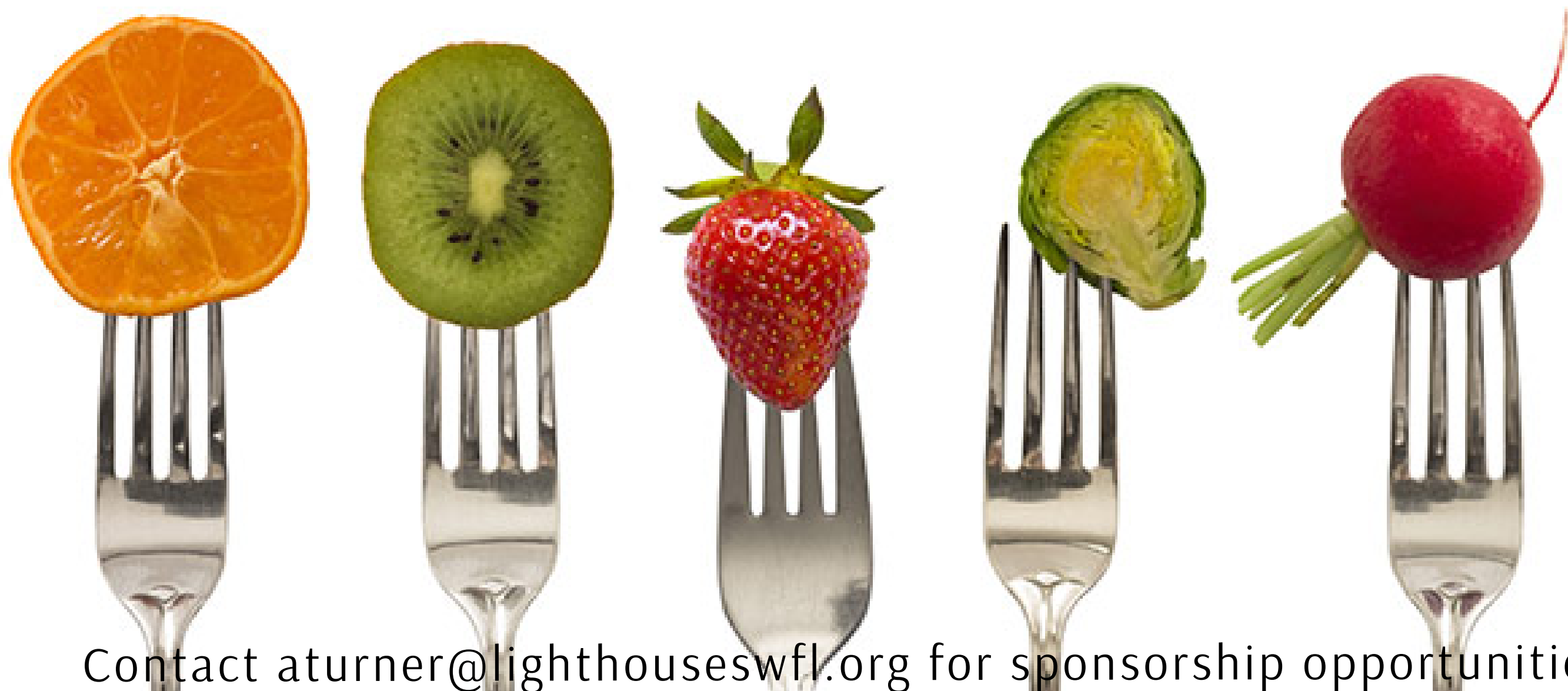
Presenter:

Ana Bonstedt
Program Assistant,
Family Nutrition Program



Healthy Choices

Learn how to eat healthy on a budget and adopt healthier physical activity habits to reduce the risk of obesity and chronic disease.



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